## MPC Ready Community Meeting Saturday, March 23, 2024, 9-10:15 AM Free and Open to All

**Location:** Angus Hall. Trinity Church. 330 Ravenswood Avenue, Menlo Park. Family Friendly. Free Refreshments and Raffle.

## **Household Preparedness: first 72-hours**

Prepare in a Year March Topic: Water



**Erika Bailey** 

Speaker Erika Bailey is a preparedness expert, mother of three, Scout Leader and MPC Ready Board Member. What is a 72-hour kit and how does one fit into your overall disaster preparedness? What should you have for your family members, including for children? Topics include:

- ✓ Why experts advise storing essential supplies of food, water, and other necessities in "go bags";
- ✓ How "go bags" can be a foundation for a shelter-in-place situation;
- ✓ How to organize these bags, so items can be found, put to use quickly, and stored safely; and
- ✓ How to prepare "go bags" cost-effectively, starting with on-hand supplies.

## Talk will include Q&A and examples!

The meeting is sponsored by the MPC (Menlo Park Community) Ready organization, which focuses on neighborhood-level disaster preparedness, block-by-block. Join us! Learn more at <a href="mainto@mpcready.org">info@mpcready.org</a>. Visit https://www.mpcready.org/ or call (650) 380-3028.

