## ABOUT MPC (MENLO PARK COMMUNITY) READY

NEIGHBORS HELPING NEIGHBORS BUILD GREAT NEIGHBORHOODS BLOCK-BY-BLOCK, ACROSS MENLO PARK



## Introduction

Would you like to meet more neighbors? How strong are your neighborhood connections? Healthy relationships with neighbors can add enjoyment to our lives and improve the quality of the neighborhood. Knowing our neighbors could also save our life one day. Getting socially connected can only happen at the grass-roots level. By becoming a Block Coordinator with MPC Ready, you can get to know more neighbors, foster social traditions, and help your block to become a cohesive and resilient GREAT neighborhood!

## MPC Ready helps neighbors to build GREAT neighborhoods, GREAT in these ways:

- Social Connections. Neighborhood is organized, cohesive and socially inclusive.
- Less Crime. Neighbors provide informal Neighborhood Watch, as needed.
- Safety Net. Neighbors are more likely to offer OR ask for informal help.
- Reduced Social Isolation. Neighborhood social traditions increase feelings of belonging.
- Beautification. Organized neighborhoods typically take pride in the neighborhood.
- Neighborhood Issue Efficacy and Resolution! Connected neighbors can bring attention to issues that need outside help to resolve.
- Disaster Survival. When disaster strikes, our neighbors likely will be our "immediate responders." Outside might not arrive for days, weeks or even longer. We encourage Block Coordinators to get household prepared and to encourage neighborhood preparedness with the knowledge and skills of what to do when disaster strikes. A foundational skill set includes taking the Community Emergency Response Team (CERT) training, ideally through our local Menlo Park Fire Protection District. All disasters are local and neighborhood connections are correlated with disaster survival and quicker recovery.
- Disaster Recovery. Pre-disaster neighborhood mitigation reduces displacements.

## How do I begin?

- 1. Please visit https://mpcready.org to sign up for our newsletter.
- 2. Complete our short short Block survey and someone will get in touch with you.