

# ABOUT MPC (MENLO PARK COMMUNITY) READY

NEIGHBORS HELPING NEIGHBORS TO BUILD GREAT NEIGHBORHOODS, BLOCK-BY-BLOCK, ACROSS MENLO PARK



## Introduction: Building Community Through Disaster Preparedness

Would you like to meet more neighbors? How strong are your neighborhood connections? Healthy relationships with neighbors can add enjoyment to our lives and improve the quality of the neighborhood. Knowing our neighbors could also save our life one day. Getting socially connected can only happen at the grass-roots level. By becoming a Block Coordinator with MPC Ready, you can get to know more neighbors, foster social traditions, and help your block to become a cohesive and resilient GREAT neighborhood!

## MPC Ready Helps Neighbors to Build Great Neighborhoods, GREAT in these ways:

- **Social Connections.** Neighborhood is organized, cohesive and socially inclusive.
- **Less Crime.** Neighbors provide informal Neighborhood Watch, as needed.
- **Safety Net.** Connected neighbors feel comfortable offering or asking for informal help.
- **Less Social Isolation.** Neighborhood social traditions increase feelings of belonging.
- **Beautification.** Organized neighborhoods typically take pride in the neighborhood.
- **Neighborhood Issue Resolution:** Connected neighbors find it easier to bring attention to issues that need outside help to resolve.
- **Disaster Survival.** All disasters are local and neighborhood connections are correlated with disaster survival and quicker recovery. When disaster strikes, our neighbors are likely to be our “immediate responders.” Outside help might not arrive for days, weeks or longer. We encourage Block Coordinators to get household prepared and we support their efforts to help neighbors to get prepared with the knowledge and skills of what to do when disaster strikes. Join us and become part of a preparedness community! We also encourage the taking of first aid and other classes, including the Community Emergency Response Team (CERT) training through the Menlo Park Fire Protection District.
- **Disaster Recovery.** Pre-disaster mitigation can reduce the need for displacement later.

## How do I begin?

1. Please visit <https://mpcready.org> to sign up for our newsletter.
2. Complete our short short Block survey and someone will get in touch with you.